



**MCBAIN RURAL  
AGRICULTURAL SCHOOL**  
"FEEL THE WHEEL"

**RAMBLER CAFÉ MEAL PRICING**

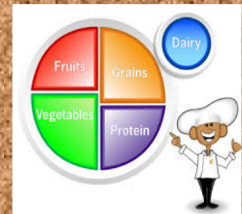
**6-12** \$1.35  
**Milk Only** \$ .50

**6-12 Breakfast Menu 2018/2019**

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>One</b>	Cereal & Yogurt OR Breakfast Pizza Fruit Juice Box Milk	Cereal & Cheese Stick OR Cheese Omelet with English Muffin Fruit Juice Box Milk	Cereal & Yogurt OR Assorted Muffin Fruit Juice Box Milk	Cereal & Cheese Stick OR Apple Filled Jammer Stick Fruit Juice Box Milk	Cereal & Yogurt OR Cinnamon Roll Fruit Juice Box Milk
<b>Two</b>	Cereal & Yogurt OR Blueberry Cinnamon Breadstick Fruit Juice Box Milk	Cereal & Cheese Stick OR Oatmeal Fruit Juice Box Milk	Cereal & Yogurt OR Assorted Muffin Fruit Juice Box Milk	Cereal & Cheese Stick OR Chocolate Chip Oatmeal Bar Fruit Juice Box Milk	Cereal & Yogurt OR Mini Pancakes Fruit Juice Box Milk
<b>Three</b>	Cereal & Yogurt OR Breakfast Pizza Fruit Juice Box Milk	Cereal & Cheese Stick OR Cheese Omelet with English Muffin Fruit Juice Box Milk	Cereal & Yogurt OR Assorted Muffin Fruit Juice Box Milk	Cereal & Cheese Stick OR Apple Filled Jammer Stick Fruit Juice Box Milk	Cereal & Yogurt OR Cinnamon Roll Fruit Juice Box Milk
<b>Four</b>	Cereal & Yogurt OR Blueberry Cinnamon Breadstick Fruit Juice Box Milk	Cereal & Cheese Stick OR Oatmeal Fruit Juice Box Milk	Cereal & Yogurt OR Assorted Muffin Fruit Juice Box Milk	Cereal & Cheese Stick OR Chocolate Chip Oatmeal Bar Fruit Juice Box Milk	Cereal & Yogurt Or Mini Pancakes Fruit Juice Box Milk

Daily Milk  
Choices:  
1% White Milk  
&  
Skim White Milk

Students are  
encouraged to  
try the daily  
fruits and  
vegetables  
offered. Select  
at least ½ cup of  
fruit or  
vegetable to  
make it a meal.



Updated 8/2/2018