



**MCBAIN RURAL
AGRICULTURAL SCHOOL**
"FEEL THE WHEEL"

K-5 Breakfast Menu 2018/2019

RAMBLER CAFÉ BREAKFAST PRICING:

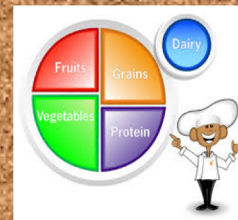
K-5 \$ FREE
Milk Only \$.50

**Homemade Muffin every other week.*

**Daily Milk
Choices:**
1% White Milk
&
Skim White Milk

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal.

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
One	Asst. Cereal Cheese Stick Craisins Juice Box Milk	Asst. Muffin Banana Juice Box Milk	Bagel with Cream Cheese Applesauce Cup Juice Box Milk	Chocolate Chip Oatmeal Bar Apple Slices with Wow butter Juice Box Milk	Asst. Cereal Yogurt Fruit Juice Box Milk
Two	Asst. Cereal Cheese Stick Craisins Juice Box Milk	Asst. Muffin Banana Juice Box Milk	Apple Filled Jammer Stick Applesauce Cup Juice Box Milk	Cinnamon Roll Apple Slices with Wow butter Juice Box Milk	Asst. Cereal Yogurt Fruit Juice Box Milk
Three	Asst. Cereal Cheese Stick Craisins Juice Box Milk	Asst. Muffin Banana Juice Box Milk	Bagel with Cream Cheese Applesauce Cup Juice Box Milk	Chocolate Chip Oatmeal Bar Apple Slices with Wow Butter Juice Box Milk	Asst. Cereal Yogurt Fruit Juice Box Milk
Four	Asst. Cereal Cheese Stick Craisins Juice Box Milk	Asst. Muffin Banana Juice Box Milk	Apple Filled Jammer Stick Applesauce Cup Juice Box Milk	Cinnamon Roll Apple Slices with Wow butter Juice Box Milk	Asst. Cereal Yogurt Fruit Juice Box Milk



Updated 8/2/2018