



**MCBAIN RURAL  
AGRICULTURAL SCHOOL**  
"FEEL THE WHEEL"

**LUNCH Menu 2018/2019**

**Lunch Pricing:**

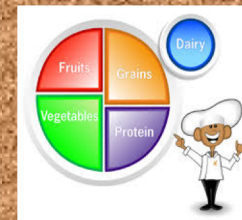
Lunch Full Price K-5	\$ 2.25
Lunch Full Price 6-12	\$ 2.50
Adult Full Price	<b>\$3.35</b>
Reduced Lunch Price	\$ .40
Milk Only	\$ .50

**Daily Milk Choices:**  
1% White, Skim  
White &  
Fat Free  
Chocolate

Fresh Fruit will be offered Daily. Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal.

**Rambler Café** is open to 6-12<sup>th</sup> grade students with healthy a la carte items available to purchase

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>One</b>	<b>Hamburger Deluxe with tomato, lettuce, pickle</b> Seasoned Potato Wedges Baked Beans Fruit /Milk	<b>Chicken &amp; Waffles</b> Garden Salad Carrot Sticks Fruit Milk	<b>Cheese &amp; Pepperoni Bosco Stick with Dipping Sauce</b> Garden Salad Seasoned Green Beans Fruit in Gelatin Milk	<b>Walking Taco with Seasoned Meat, Cheese &amp; Lettuce</b> Fiesta Black Beans & Corn Fruit Cookie Milk	<b>Meatball Sub with Marinara Sauce</b> Garden Salad Doritos Fruit Slushie Fresh Fruit Milk
<b>Two</b>	<b>Meat Lovers Stromboli</b> Garden Salad Mixed Veggies Fruit Milk	<b>Popcorn Chicken</b> Mashed Potatoes with Chicken Gravy Corn Biscuit Fresh Fruit Milk	<b>Pancake Bites &amp; Chicken Sausage</b> Hashbrown Applesauce Milk	<b>Tacos with Seasoned Meat, Cheese &amp; Lettuce</b> Mexican Rice Black Bean & Corn Salad Yogurt Pops Milk	<b>Spaghetti</b> Garlic Bread Cottage Cheese Seasoned Green Beans Fruit Milk
<b>Three</b>	<b>Cheddar Cheese Twisted Stix</b> Tomato Soup Crackers Fruit Milk	<b>Chicken Nuggets w/ Sauce</b> Hashbrown Round Cooked Broccoli Fruit WG Roll with Butter Pat Milk	<b>Stuffed Crust Pizza</b> California Casserole Carrots Fruit Cookie Milk	<b>Chicken Quesadilla</b> Tortilla Scoops Mexican Corn w/ White Cheese Sauce Garden Salad Fruit Milk	<b>Grilled Chicken Sandwich OR Hot &amp; Spicy – MS/HS Only</b> Taco Salad Baked Beans Fruit Slushie Fresh Fruit Milk
<b>Four</b>	<b>Breaded Chicken Patty</b> Baby Baker Potatoes Fresh Fruit Milk	<b>Fish Nuggets</b> Starz Hashbrowns Lemon Broccoli Fruit Cookie Milk	<b>Pepperoni Pizza OR Buffalo Chicken Pizza- MS/HS only</b> Corn Cottage Cheese Fruit Milk	<b>Nachos Deluxe</b> Refried Beans Fruit Rice Krispy Treat Milk	<b>Turkey &amp; Ham Deli Sub OR Hot &amp; Spicy (Salami &amp; Pepp)- MS/HS only</b> Potato Smiles Carrot & Dip Fruit Milk



**Updated 8/2/2018**