### 6-12 Breakfast Menu 2019/2020

#### One
- **Monday**: Cereal & Yogurt OR Mini Donuts, Fruit, Juice Box, Milk
- **Tuesday**: Cereal & Cheese Stick OR Breakfast Pizza, Fruit, Juice Box, Milk
- **Wednesday**: Cereal & Goldfish Graham Crackers OR Churros, Fruit, Juice Box, Milk
- **Thursday**: Cereal & Mixed Berry Smoothie OR Muffin & Mixed Berry Smoothie, Fruit, Juice Box, Milk
- **Friday**: Cereal & Cheese Stick OR Mini Pancakes, Fruit, Juice Box, Milk

#### Two
- **Monday**: Cereal & Yogurt OR Blueberry Cinnamon Breadstick, Fruit, Juice Box, Milk
- **Tuesday**: Cereal & Cheese Stick OR Cheese Omelet with English Muffin, Fruit, Juice Box, Milk
- **Wednesday**: Cereal & Goldfish Graham Crackers OR Benefit Bar, Fruit, Juice Box, Milk
- **Thursday**: Cereal & Cheese Stick OR Funnel Cake, Fruit, Juice Box, Milk
- **Friday**: Cereal & Yogurt OR Mini Pancakes, Fruit, Juice Box, Milk

#### Three
- **Monday**: Cereal & Yogurt OR Cinnamon Roll, Fruit, Juice Box, Milk
- **Tuesday**: Cereal & Cheese Stick OR Bacon & Cheese Scramble Egg with Toast, Fruit, Juice Box, Milk
- **Wednesday**: Cereal & Goldfish Graham Crackers OR Churros, Fruit, Juice Box, Milk
- **Thursday**: Cereal & Mixed Berry Smoothie OR Muffin & Mixed Berry Smoothie, Fruit, Juice Box, Milk
- **Friday**: Cereal & Cheese Stick OR Mini Pancakes, Fruit, Juice Box, Milk

#### Four
- **Monday**: Cereal & Yogurt OR Oatmeal, Fruit, Juice Box, Milk
- **Tuesday**: Cereal & Cheese Stick OR Yogurt & Fruit Breakfast Taco, Fruit, Juice Box, Milk
- **Wednesday**: Cereal & Goldfish Graham Crackers OR Chocolate Filled Crescent, Fruit, Juice Box, Milk
- **Thursday**: Cereal & Cheese Stick OR Funnel Cake, Fruit, Juice Box, Milk
- **Friday**: Cereal & Yogurt OR Pancake Wrap, Fruit, Juice Box, Milk

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**Daily Milk Choices:**
- 1% White Milk
- Skim White Milk

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal.