



**MCBAIN RURAL
AGRICULTURAL SCHOOL**
"FEEL THE WHEEL"

RAMBLER CAFÉ BREAKFAST PRICING:

K-5 \$ FREE
Milk Only \$.50

K-5 Breakfast Menu 2020/2021

Updated: 12/28/2020

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
One	Asst. Cereal Cheese Stick Craisins Juice Box Milk	Asst. Muffin Banana Juice Box Milk	Pop Tart Apple Slices Juice Box Milk	Mini Donuts Applesauce Cup Juice Box Milk	Gogurt Goldfish Graham Crackers Fruit Juice Box Milk
Two	Asst. Cereal Cheese Stick Craisins Juice Box Milk	Asst. Muffin Banana Juice Box Milk	Benefit Bar Apple Slices Juice Box Milk	Cinnamon Roll Applesauce Cup Juice Box Milk	Asst. Cereal Gogurt Fruit Juice Box Milk
Three	Asst. Cereal Cheese Stick Craisins Juice Box Milk	Asst. Muffin Banana Juice Box Milk	Granola Bites Apple Slices Juice Box Milk	Cherry Frudel Applesauce Cup Juice Box Milk	Gogurt Goldfish Graham Crackers Fruit Juice Box Milk

Daily Milk Choices:
1% White Milk & Skim White Milk

Students are encouraged to try the daily fruits and vegetables offered. Select at least 1/2 cup of fruit or vegetable to make it a meal.

