



**MCBAIN RURAL  
AGRICULTURAL SCHOOL**  
"FEEL THE WHEEL"

**Lunch Full Price- \$2.75**  
**Reduced Price \$0.40**  
**Milk Only- \$0.75**  
**Adult Price- \$5.15**

**Elementary Lunch Menu 2022/2023**  
**Updated: 1/10/23**

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>One</b>	<b>Chickenburger on WG Bun</b> Baby Baker Potatoes Baked Beans Peaches Milk Condiments	<b>Chicken Drumstick Macaroni &amp; Cheese</b> Green Beans Pineapple Milk	<b>Pepperoni Pizza</b> Roasted Carrot Sticks Cottage Cheese Romaine w/ Dressing Apple Slices Milk	<b>Chicken Quesadilla with Sour Cream &amp; Salsa</b> Ranch Roasted Broccoli Romaine w/ Dressing Peaches Milk	<b>Hotdog on WG Bun</b> Curly Fries Fruit Slushie Cinnamon Apple Crisp Milk Condiments
<b>Two</b>	<b>Chili or Vegetable Beef Soup</b> Cinnamon Roll Cracker Applesauce Carrots & Dip Milk	<b>Chicken Nuggets</b> Hash Brown Rounds Dinner Roll Corn Pears Milk Condiments	<b>Mini Calzones w/ Marinara</b> Green Beans Romaine w/ Dressing Pineapple Milk	<b>Tacos with Meat, Cheese, Lettuce</b> Corn & Black Bean Vegetable Blend Bread & Butter Rice Krispy Treat Mandarin Oranges Milk	<b>Scalloped Potatoes with Diced Ham Breadstick</b> Green Beans Treasure Island Fruit Salad Milk
<b>Three</b>	<b>Cheddar Cheese Twisted Stix</b> Tomato Soup Cracker Applesauce Carrots & Dip Milk	<b>Popcorn Chicken</b> Mashed Potatoes with Chicken Gravy Dinner Roll Pears Milk Condiments	<b>Pizza Ripper</b> Green Peas Peaches Cookie Milk	<b>Walking Taco with Meat, Cheese, Lettuce &amp; Salsa</b> Mexican Rice Cheesy Refried Beans Frozen Yogurt Banana Milk	<b>Spaghetti Garlic Bread</b> Cottage Cheese Fruit Slushie Green beans Milk
<b>Four</b>	<b>Hamburger on WG Bun</b> Seasoned Potato Wedges Baked Beans Apple Milk Condiments	<b>Chicken Tenders French Toast Bites</b> Corn Romaine w/ Dressing Peaches Milk Condiments	<b>Stuffed Crust Pizza</b> Cottage Cheese Green Beans Romaine w/ Dressing Pears Milk	<b>Nachos with Meat, Cheese &amp; Salsa</b> Cheesy Refried Beans Apple Slices No Bake Cookie Milk	<b>Ham &amp; Cheese Sub</b> Potato Chips Carrot & Dip Pineapple Milk Condiments

**Daily Milk Choices:**  
**1% White, Skim White & Fat Free Chocolate**

**Fresh Fruit will be offered Daily. Students are encouraged to try the daily fruits and vegetables offered. Select at least 1/2 cup of fruit or vegetable to make it a meal.**

