



**MCBAIN RURAL
AGRICULTURAL SCHOOL**
"FEEL THE WHEEL"

K-5 Breakfast Menu 2023/2024
Updated August, 2023

**RAMBLER CAFÉ BREAKFAST
PRICING:**

K-5 \$ FREE
Milk Only \$.75

**Daily Milk
Choices:**
1% White Milk
&
Skim White Milk

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal.

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
One	Cinnamon Toast Crunch Cheese Stick Craisins Juice Box Milk	Blueberry Muffin Apple Slices Juice Box Milk	Benefit Bar Banana Juice Box Milk	Mini Cinnis Applesauce Cup Juice Box Milk	Lucky Charms Gogurt Clementines Juice Box Milk
Two	Cocoa Krispies Cheese Stick Craisins Juice Box Milk	Chocolate Chocolate Chip Muffin Apple Slices Juice Box Milk	Educational Snacks Cheese Cubes Banana Juice Box Milk	Powdered Donut Holes Applesauce Cup Juice Box Milk	Pop Tart Gogurt Clementines Juice Box Milk
Three	Honey Nut Cheerios Cheese Stick Craisins Juice Box Milk	Banana Nut Muffin Apple Slices Juice Box Milk	Mini Waffles Banana Juice Box Milk	Lemon Bread Applesauce Cup Juice Box Milk	Rice Chex Gogurt Clementines Juice Box Milk
Four	Frosted Flakes Cheese Stick Craisins Juice Box Milk	Homemade Muffin Apple Slices Juice Box Milk	Nutrigrain Bar Banana Juice Box Milk	Blueberry Donut Holes Applesauce Cup Juice Box Milk	Trix Cereal Bar Gogurt Clementines Juice Box Milk

