

MCBAIN RURAL AGRICULTURAL SCHOOL "FEEL THE WHEEL"

Updated August, 2023

2023/2024 MS/HS LUNCH **HOT LUNCH -FREE** Milk Only- \$0.75 Adult Price \$5.15

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WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
One	Chickenburger or Hot & Spicy on WG Bun Baby Baker Potatoes Baked Beans Peaches Milk Condiments	Chicken Drumstick Macaroni & Cheese Breadstick Green Beans Pineapple Milk	Pepperoni Pizza Cooked Carrots Cottage Cheese Romaine w/ dressing Banana Milk	Chicken Quesadilla with Sour Cream and Salsa Cooked Broccoli Romaine w/ dressing Peaches Milk	Hotdogs or Chili Dogs on WG Bun Potato Smiles Smoothie Bowl Cinnamon Apple Crisp Milk
Two	Chili or Vegetable Beef Soup Cinnamon Roll Cracker Applesauce Carrots & Dip Milk	Chicken Nuggets Dinner Roll Hash Brown Rounds Corn Apple Slices Milk Condiments	Pepperoni & Cheese Bosco Stick with Marinara Green Beans Romaine w/ Dressing Pineapple Milk	Tacos or Burrito Bowl with Rice Chicken/Taco Meat Toppings in the middle Rice Krispy Teat Apple Slices Milk	Scalloped Potatoes with Diced Ham Breadstick Green Beans Treasure Island Fruit Salad Milk
Three	Sweet & Sour Chicken with Rice Romaine w/ Dressing Applesauce Carrots & Dip Milk	Popcorn Chicken Mashed Potatoes with Chicken Gravy Dinner Roll Pears Milk Condiments	Pizza Ripper Green Peas Romaine w/ Dressing Peaches Cookie Milk	Walking Taco with Meat, Cheese, Lettuce & Salsa Mexican Rice Cheesy Refried Beans Frozen Yogurt Banana, Milk	Spaghetti Garlic Bread Cottage Cheese Fruit Slushie Green beans Milk
Four	Hamburger or Cheeseburger on WG Bun Seasoned Wedges Baked Beans Apple Milk	Chicken Tenders French Toast Bites Corn Romaine w/ Dressing Peaches Milk	Big Daddy's Pepperoni or Buffalo Chicken Pizza Cottage Cheese Asparagus Romaine w/ Dressing Pears Milk	Nachos with Meat Cheese, Lettuce, Tomato & Salsa Cheesy Refried Beans Apple Slices No Bake Cookie Milk	Ham & Cheese Sub or Spicy Sub Potato Chips Carrot & Dip Banana Milk Condiments

Daily Milk Choices: 1% White, Skim White & Fat Free Chocolate

Fresh Fruit will be offered Daily. Students are

ALA CARTE

Second Entrée \$2.00

PB Sandwich \$1.50

Yogurt Parfait \$2.00

> Cookie \$0.75

Chips \$0.75

Rice Krispy Treat \$1.25

Sparkling Water \$2.25