

Middle School



CROSS COUNTRY

First Practice: 8/22/23

Coach: Mr. Vandervelde

Date	Day	Opponent	Location	Time	Bus
9/6/23	Wednesday	Shepherd Inv.	Away	5:00 pm	3:10 pm
9/12/23	Tuesday	Beal City Inv.	Away	4:00 pm	2:15 pm
9/16/23	Saturday	Ewart Inv.	Away	11:00 am	9:45 am
9/19/23	Tuesday	H.C. Jam.	Home	4:15 pm	
9/23/23	Saturday	Cadillac Inv.	Away	9:00 am	7:20 am
9/30/23	Saturday	G.T. Academy Inv.	Away	TBD	TBD
10/3/23	Tuesday	H.C. Jam. @ Lake City	Away	4:15 pm	3:20 pm
10/7/23	Saturday	Pine River Inv.	Away	TBD	TBD
10/11/23	Wednesday	Cadillac Inv.	Away	3:00 pm	1:20 pm
10/17/23	Tuesday	H.C. Jam. @ Manton	Away	4:15 pm	2:50 pm
10/21/23	Saturday	Regionals @ Manton	Away	TBD	TBD

SCHEDULE SUBJECT TO CHANGE

Updated 8/16/23