



2023 Application for Membership Youth Advisory Council (YAC)

Here is some general information that may help you decide about applying for YAC. Your parents/guardians may also be interested in looking this over and will need to give their written permission for you to serve on the council. For more information about YAC, please call Emily Jo Mulder Ruetz at 231-465-1761.

What is the McBain Wellness Center and YAC?

The McBain Wellness Center is a health clinic in the McBain Rural Agricultural School building that offers medical and mental health services students age 5-21 in the school district. We are looking for students to give input on wellness center services, as well as aspects of wellness like healthy eating, exercise, health education, and advocacy efforts. Being part of YAC gives students an opportunity to develop leadership skills and serve their community. Wellness center staff will be present as mentors to students and to learn from students about what the community's desires are for its health.

What is required of a Youth Advisory Council member?

Participants set their own meeting schedule, but will meet *at least* once a month. Some councils prefer to meet more frequently to work on special projects. To participate in YAC, you will need to complete this form. Other requirements include regular attendance and a desire to improve your community's health!

Name: _____ Date of Birth: _____

Grade: _____ Phone: _____ Gender: _____

Student Email Address: _____

Please answer the following questions openly and honestly.

- 1. Why do you want to be a member of the Youth Advisory Council?**

2. What days of the week and time of the day would work best for you to attend meetings?

3. Do you have experience serving on a youth council or other youth club?

4. What are your best qualities?

5. What are your extracurricular activities and your school year schedule like?

6. Are you able to commit to one meeting monthly as a priority? (Please be as honest as you can able what you think you can commit to.)

7. Have you ever been in the McBain Wellness Center? YES or NO

Please have a parent or guardian sign here to indicate the following:

I am aware that my child is applying for acceptance to the Youth Advisory Council. I give my permission for them to participate in meetings and activities for this group.

Signature: _____

Date: _____

For more information, please contact Emily Jo Mulder Ruetz at 231-465-1761 or eruetz@dhd10.org

Please turn your completed application in to the McBain Wellness Center or email to Emily Jo.

McBain Wellness Center YAC Media Release Form

The McBain Wellness Center would like amplify the Youth Advisory Council's voice. The purpose of the media release form is to allow students to make content (videos, photos, posters, etc.) for their projects and for the clinic's outreach. This material may be used in projects initiated and created by YAC students including: printed materials, social media posts on the clinic's Facebook page, group photos, and more.

Media Release

I give my permission to District Health Department #10 to use my child's first name, photograph, video recordings, artwork, statements, image, and or any likeness. I grant District Health Department #10 the right to edit, use, and reuse said products for non-profit purposes including print, website, and all other forms of media. I also hereby release District Health Department #10 and its employees from all claims, demands, and liabilities whatsoever in connection with the above.

Student Name: _____

Parent/GuardianName: _____

Parent/Guardian Signature: _____

Date: _____